





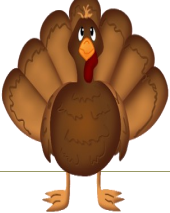











VAFCS ELDERS MEMBERSHIP PROGRAM



October 2017

Vancouver Aboriginal Friendship Centre Society
1607 E. Hastings St.
Vancouver BC
V5L 1S7

ELDERS COORDINATOR CONTACT INFORMATION: Christine Wilson
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3 Dream Catchers 1:30-3pm 	4 Bingo! 50/50 Food bank 	5 Drum Making with Linda 1pm-3pm 	6 Elders Drop In	7 
8	9 <u>Thanks Giving</u> Stat Holiday 	10 Medicine Bag Workshop 1:30-3pm 	11 Homeless Action Week in the gym! No Bingo	12 Drum Making with Linda 1pm-3m 	13 Elders Drop In	14
15	16 Hearing Clinic 11am to 3pm 	17 Healthy low cost menu planning 	18 Bingo! 50/50 Birthday Cake! 	19 Painting Drum with Linda 1-3pm 	20 Elders Drop In	21
22 	23 Cedar Weaving 1:30pm-3pm 	24 Gluten Free Baking! Limited seats available! 	25 No Bingo No Food bank	26 Drumming and Singing 1:30-3pm	27 Elders 50s Dance 7-9pm 	28
	30 Cedar Weaving 1:30pm-3pm	31 Beading 1:30-3pm 