



November 2017



1607 E. Hastings St.
Vancouver BC



Friendship Family Place

Sun	Mon	Tue	Wed	Thu	Fri	Sat
For Info and Registration Contact Family Coordinator: Stacy Pascal: Phone: 604-251-4844 ext. 313 E-mail: familycoordinator@vafcs.org			10-12 pm (1) BAKING Banana Bread	11- 2:30pm (2) Cultural Teachings & Storytelling <i>Belinda P. Eriacho</i> <i>Naomi Tsosie</i>	(3) Admin Day	4
5 F	10-12 pm (6) NUMBER'S & Snack	11-2:30 pm (7) SEWING	11- 1:00pm (8) POPPY'S  <i>National Aboriginal Veterans Day</i>	11-2:30PM (9) Leisure Access Card Information <i>Elsa Leung</i>	(10) Admin day	(11) REMEMBRANCE DAY 
12 R	(13) V.A.F.C.S CLOSED	10- 2:30pm (14) Aqua Fit & Lunch	10am - 2pm (15) HEALTH & WELLNESS Langara Collage	4pm—6:30 pm(16) **Our Families Count Gathering <i>UBC Faculty of Educator's</i>	(17) Admin day	18
19 E	10-12pm (20) ABC'S & Snack	11-2:30pm (21) Christmas Decorations	10- 12pm (22) PUZZLES & Snack	11-2:30PM (23) Lunch & Swimming	(24) Admin day	25
26 E	10-12pm(27) FINGER PAINTING & Snack	11-2:30pm (28) BOWLING 5 PIN <i>Grandview Lanes</i>	10- 12pm(29) SEWING & Snack	11-2:30 pm (30) "Caring for Ourselves" <i>Curtis Ahenakew</i>	LIL BEAR'S LEARNING THE BARE NESSESITIES FOR KINDERGARTEN MON & WED 10 am—12 pm	

Family
ReGeneration
Program
Tue & Thurs
11-2:30 pm
FREE

NOV.16th
****"Our Families Count Gathering"**
 4pm—6:15pm
Register by NOV. 10th