

V.A.F.C.S Elders Membership Program

OCTOBER 2018














1607 E. Hastings St.
Vancouver BC
V5L 1S7



Vancouver
Aboriginal
FRIENDSHIP CENTRE
SOCIETY

Elders Coordinator
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1  COLOUR THERAPY 1:30-3:30 pm	2 Vase decorating ARTS-N- CRAFTS 1:30-3:30 pm	3  BINGO 50/50 FOODBANK	4 Vase Decorating ARTS-N- CRAFTS 1:30-3:30 pm	5 1:30-3:30 	6
7	8  COLOUR THERAPY 1:30-3:30 pm	9 Dreamcatchers ARTS-N- CRAFTS 1:30-3:30 pm	10  BINGO 50/50 FOODBANK	11 Dreamcatchers ARTS-N- CRAFTS 1:30-3:30 pm	12 1:30-3:30 	13
14	15  COLOUR THERAPY 1:30-3:30 pm	16 Knitting ARTS-N- CRAFTS 1:30-3:30 pm	17  BINGO 50/50 FOODBANK	18 Knitting ARTS-N- CRAFTS 1:30-3:30 pm	19 1:30-3:30 	20
21	22  COLOUR THERAPY 1:30-3:30 pm	23 Pillow making ARTS-N- CRAFTS 1:30-3:30pm	24 NO BINGO NO FOOD- BANK	25 Pillow making ARTS-N- CRAFTS 1:30-3:30pm	26 1:30-3:30 	27
28	29  COLOUR THERAPY 1:30-3:30 pm	30 CRIB TOURNY 1:30-3:30pm	31  HALLOWEEN BINGO 50-50 FOODBANK 